

9

## 9 vldlj

olfgxq th dk [kylk olfgxq th dh Qrgu  
lrxq xlfcUh flg th ds' lk tle fnu eqjd ij tqyk  
gdq 'kj egQw g

### njk Hkmuvej dgfu; k xq HfDr dk ijl

bl dey HbZgjpj.kflg 'xqule\* ul ijkHbZl lgc  
HbZl lph flg thegrpx{lk igyhik' lghylgs olyA  
;g iske lrxq thdkgs

mf; kdsokrsetyw dhenn djuk

QtZgSbU k dsokrs

rlj lk14 uoEcj

olfgxq thdk [kylk olfgxq th dh QrgA  
by dye HbZgjpj.kflg 'xqule\* 1c larladks  
lrxq xlfcUh flg th dk 'lk tle fnu eqjd gkibl  
eqjd elksij lrxq xlfcUh flg thdh; ln eanljk Hk  
muvej dgfu; lk xq HfDr dk ijl\* isk djrk gk  
dgrkgwl rxq rx cghqj lgc thfguhmefye HbZpljk  
gešk dk e j[kus ds fy, vls 1Pps/leZds minšk nrs gg  
vle eaſumu fnulaenqy cln'lg vls atc usfguhwtfr; la  
dsule Qjeku tlj hfd; klkufd lrxq ukud no lgc th  
dstku fu'ku iſkskj vc fguhyladhemn ughadj xpiD; fd  
muds iſkskj lrxq rx cghqj lgc thvle dstay ea  
pDdj dVrsQjrs ga , lk nſkdj vls fguhyladhiqj

lqdj lrxq rx cghqj lgc thvle lslhksvkuhiq  
lkc dksvk] viusckyd xlfcUh jk vls 1c ifjok  
dsule iVuk lgc lsvkuhiq lgc iga tkusdk lask  
flitok luml oDr lrxq xlfcUh jk thilp o'ZdsA  
, d 'kj

tqe c<senyadsfguhylaijA tUtpqphjkt dVKA  
NMml hdlk NM/lje tlk muds etgc ea vkA  
iVuk lgc lslrxq xlfcUh jk thvls 1c ifjok  
dhvkuhiq lgc dksjokuxA

;g [kj 1qdj ugjeflhj lgc iVuk lgc dh  
1c larlaus vls ogk ds jgus olys jtk QrgpUh th ds  
ifjok usnkaglk tMj lrxq xlfcUh jk thdhekrk  
thlsvjt dlk vki viuh; gki j dlbZ; kxkj dk e djA  
jtk QrgpUh thus lrxq xlfcUh jk thdks vius?j ij  
cyldj dgkuvki vius lkhcyladsl lkQWlsykdj ejjs  
?j ds, d dejseaj [knksilp&soplj dscknul rxq xlfcUh  
jk thus viuh, d ryolj, d dVkj, d twk, d ikkld  
vls lkhcyladsl lkQWlsykdj jtk QrgpUh th ds  
?j j [k nhuj lk QrgpUh thus lkp&soplj dscknviuh  
tlk lk lgc dsule ls iVuk lgc eal rxq xlfcUh  
jk th dh; kxkj eaogkj ij lk dk e fd; kpk larla  
usl rxq lgc th ds ifjok vls jtk QrgpUh th ds  
ifjok dsl lkenn djds lkjhnlku o ;K djok kpk lrxq  
xlfcUh flg th ds n'lk ds fy, ogk ij ny&ny lspydj  
cslkj laravlkA

## 1rxq lkfc thdsminsk

- 1- ijeRekdlstlsbu ku ; kn djrsgf osviuhft lhxhvPNh  
rgj xtqj yrsga
- 2- fdruk ghgjlk&Hj k [s gkml dhnsHky&Hky u gkrk  
lwdj jkkglstlrkg
- 3- , sgh tksy k vius'kjij dhlskughadjrsul qg lojs  
luku djdsxq Iku ij tkdj ll ugh>qlsoksclej  
gkj nfu; k l st Ynhpystlrsga  
bl dsckn l c l xrlusl rxq lkfc thdls[kjk&lkj  
iVuk lkfc ls vkuhiq lkfc dls jokuk fd; kuvkt ml  
Iku ij iVuk lkfc eal rxq xlfcuh fl g th dh; kn ea  
xq } jk Hku lkfc rkej gsvls tglal rxq lkfc thdk  
tll gvkogkj ij xtqj k gkfjefhj lkfc rkej ga  
iVuk lkfc ls pydj 1rxq lkfc th dk l c  
ifjolj u'lgj nkujj igplutgk ij igpdj 1rxq lkfc  
thdls l c ifjolj usjkr dlsvlje fd; kuekrk thuscM  
dls lk, d gMheaflpMaculbZvls l c ifjolj usoksf lpMa  
[lkzml Iku ij vlt 1rxq lkfc th dh; kn eaxtqj k  
gMh lkfc rkej gsvls okgMaviuh 'ku lsogkelw  
gsfQj 1rxq lkfc thdk l c ifjolj dN 'lgj lalsgk  
gykdklh 1/2culj 1/2igp x; kuo glaigpdj 1rxq lkfc th  
usxjlcavls t: jrea ykladls [kw nku fn; kufQj dkjh  
1/2culj 1/2dsifMlusvkdj 1rxq lkfc thls: gkuhckl  
ij lk&foplj fd; kutock eal rxq lkfc th ds foplj  
lqdj mglas l rxq lkfc th dls l c l ar ds l leus isk  
fd; lA

## 1rxq lkfc thdsminsk

- 1clsigs 1rxq lkfc th us Hkoku~Jh N".k th  
vls Hkoku~Jh jlepuzth dls 1Rdij Hw fd; k fQj 1c  
Hb; kdlst; Jh jle dgkvls foplj isk fd; s
- 1- QtZgSgj bU ku dsfy, pfld hbU ku dkcyku lpsvls  
nljsetgc dsbU kladsdle eavk A
  - 2- bU ku dsfy eabZoj dkule gkrk mudsdj uleldk  
HhftØ gkrgfsgj bU ku dlsbzoj dhjtkealjkjguk  
plfg, pD; kfd bZoj cvk jladsl gjk nmsokysga
  - 3- bU ku dksj dls dsbU ku dsl lkgenml svPNkcrk  
djukplfg, p, s bU kladhbZoj gj oDr enn djrsga
  - 4- bZoj 1cdkl tuglj gsvls nfu; k dsl c ykladhbPNk  
dlsijhdjrkga
  - 5- oghjle gfooghN".kgf oghvYyk gfoogh l c dN dju  
djkou olysgf bl dsckn 1rxq xlfcuh jk thvius l c  
ifjolj dsl lkizkjkj l igp x, p; glaij 1rxq lkfc  
thdsn' ladsfy, njw&njw l sl arapydj vba

## 1rxq lkfc thdsminsk

- 1- ts bU ku ijeRek dls ; kn djrs gfmudh vll ea  
ijeRek dsule dkuyj lt tkrkg ftrus iEcj nfu; k  
eavorlk yslj vka gfs l cusgj dls dsbU kladks vki l  
eal; jk o elgscr lsjgusi, d ijeRekdlsekuusvls nlj h  
dls dsbU kladkcjku lpusdsfy, fgnk r dhgsgeljs  
firkl rxq ukud no lkfc th Qjekrsga

'kn

voy vYku jw mik kdnjr ds l c cUs  
, d ujw rsl c tx mit; k dls HysdlseUs

‘izkjkt lslrxq lkfc thdkifjok Hjhlarka  
dsllk v; lk; k igplu; gkj ij ylykjkt cghq ds ilshaus  
lrxq lkfc th dk cgq vknj&Rlj fd;k vls larka  
us Htu&dlnx xksvls lrxq lkfc th lslc larkaus  
loky fd;k vkt dy clk’lg vlsatc fglnqla ij tcju  
tve djrsfmlgadssjklk tk\ tok ealrxq lkfc  
thusQjek lckn’lg dstve djusdkl; kyktc ycjt gk  
tkrgsrc jkt r[r oxsg lc dN ml ls lkstlkga

### **1 Ppk iſle lrxq lkfc thdsmiſk**

ijelRek dls HDr I; kjs gſitc tve c<+ tkk  
gſiijelRekviusfdlhHDr eaviukuy ltknrsqfokHDr  
nſi; keal Ppk iſle vls lads: gkuhminsknſkgſmle a  
ijelRekdkule l ek kgſokxyr clk ughadgrk ijelRek  
ml dh [lq nſHky&EHy djrsgAD; fd ijelRekdkvius  
HDr I; kjs gſitkmuſdkule yſsgfmuearloj 1Ppsijoſ&  
fnxkj dh gſitk oks dgrs gA ogh lp gſitk gſitk ds clk  
lrxq xlſljk thcgq lslgjlaeal Ppk iſle nrsgq  
y[kuij iv; lysdsbykſeaijp x,]; glaij ilj cliku ’lg  
vls ml ds ejhn >lkMk Mys gq ijelRek dh bckr ea  
eIr Hslogk ij cliku ’lg lrxq xlſljk thdklqj  
pgjk ijelRek HDr eaujv lsltk gyk nſkdj cgq [lk  
gykvls mudspj. lkayV x; kujQj lrxq xlſljk th  
usml dh ilB ij gllk j[kdj ml smBk fy; kubl dsclk ilj  
cliku ’lg usviusejhlaſcrk kfd lrxq lkfc thdk  
eljeku HbZfglhy laſdk xq vls eljeku laſdk ilj ekurs  
gA fQj ogkj ij lrxq rx cghq lkfc thdklc ifjok  
dsule lask igplunqk lk; fnu dsclk lask feyus ij

vkluhij lkfc igp tkuk vc lnlZdk vkklt ’kq gyk  
Ekuogkij ikuhdhdehvls dyladkikuh lk; kEkuabl clk  
dkfoplj djds lrxq lkfc th dsifjok usogkij , d  
dylalqok lqftl dk ikuhcgq elBk Ekuilj cliku ’lg Hh  
ml dgadkelBk ikuhildj cgq lkqgykufQj xq larka  
usoglaj ikuhdhdehnſkdj , d rlyk lkqok luoglaj  
lrxq xlſljk thviuselekNikyplh dksyslj f kdk  
lkustk k djrs lk;

### **1 rxq lkfc thdhilj vlijQ**

#### **mynhu lkfc lseykdkr**

, d fnu lrxq xlſljk thviuslkkydlaſd  
l lk [lyrsgqmu, d txg ij cBdj ijelRek HDr dhyXu  
ea, lkdg jgs lk;

- 1- oksbU ku lqkdkgkly ughadj ldrptkijelRek dh  
HDr ughadjrA
- 2- ijelRekdkule nqkksutk fnykusokyuvls lcls  
ApkgA
- 3- osbU ku bl nſi; keajgdj viuhftlhxhfQtw xoknſ  
gſitksbU ku lqg lojsluku djdsxq &Hku ij tldj lh  
ugla>qkruvls viuhvlenuhdk nl ok fgll k Hysdkeaea  
[lpZughadjrA ml oDr tukc ilj vlijQ mynhu lkfc  
viuh ikydheal okj gk; ogk l sxtj jgs lk; mglas lk  
lky dsckyd lrxq xlſljk thdsejk lsi jelRekdk  
eljQr dyle lqkvls lk; kefisbl clyd dksvius ltns  
ea, d fnu vYyk ikl dsilk cBsgq nſlk Eku; g lkpdj  
vli viuh ikydheal smrj vkyvls clyd ds pj. lk  
tldj flj >qk dj vnk dkgul rxq xlſljk th us  
vls mudsl lkkydlaſusij lkfc dksvYykdkusd clhk

le> dj vlnk o lyle dgkQj lrxq xlfcUh jk thds  
lkkij vljQ mynhu lkfc dhie&Ho lsckragbz lrxq  
xlfcUh jk th usdgluvki geljsctZih lkfc gfvki  
ls, d nj [okr djrk gwdjku ikl easfy[lkgfjd ;g lc  
bUku [lk ds cuk gq gfvls lc bUku lkd etgc o  
feYyr vki eaeysfeyki lsjguk plg, A exj vldy  
ckn'lg vlsats plgrsgfslc fgUwelyeku gkstka vki  
mlga, lk djuslsjksplij vljQ mynhu lkfc uscln'lg  
vlsats dks; slc ckacrks dk ok nk fd; kuvls clyd  
lrxq xlfcUh jk thdspj. lkds glk yxkj dkg dgk  
vls viuh ikydh eal ok gksx, pfQj ilj lkfc us vius  
ejhla dks crk kptc , d fnu esvius ltnseavYlg dh  
njxlg ij igpkuml oDr esibl clyd lrxq xlfcUh jk  
thdksvYkdsjtveasBkgvknk lkubl dscln ctZih  
lkfc uscln'lg vlsats dksfpēh easfy[lkuvls tks mudh  
lrxq xlfcUh jk thlsckragbz lcdkgolykfn; kvls  
ckn'lg lyler dksmglasjk nhfd vki fgUwelyaij tke  
cH dj nA D; kfd djk ikl easfy[lkgfjd lc bUku , d  
[lk ds cuk gq g

mlj lrxq rx cgkij lkfc thusvkuhiij lkfc  
igpdj viuslc ifjolj dsjgusdkcUhlsIr fd; kumu fnula  
ckn'lg vlsats dk Qjeku tkjh gyk lkfd tku fu'lu  
lrxq ukud no lkfc thxihdsckuhvc fgUwelyadhe  
ugladjxsD; kfd mudsijskij lrxq rx cgkij lkfc th  
vle dstaxleapDdj dlWrsfQj rsgA bu clkaij fopkj  
djusdscln lrxq rx cgkij lkfc thusviusfirk lrxq  
gfj xlfcUh lkfc thdkule yslj dej dl dj ryolj mBk  
yhuvs itk dsulfoku lkck ladsckhdscln viuh Qls ea  
HrlZdj fy; A

bl dscln viuslc ifjolj dksvkuhiij lkfc igp  
tkusdk laskfHtok kpk laskfeyusij lrxq lkfc thdk  
lc ifjolj ylkij le ds 'lgj eaigp x;ku; gk ij lrxq  
xlfcUh jk thf kdlj lkrysgq , d Aph txg nfdj ogk  
cB x, puvls viusfirk lrxq rx cgkij thtks ukud no  
lkfc 1/2ukud no lkfc thdkule yslj , s'kn dgdj  
ijelRek dks; kn djsyx A

1- ijelRek lcdksifk djsokysvlc lc eaghlek s  
gsmglasstehu culbzg\$ mglasvkl elu 1tk kga

2- plk fl rkj \$ ljt mudsgp lspedrsgf tehu  
ij dlm lsyslj gkhrd bUku mudsgp dkselursg A

3- ijelRek bUku lkd dks ifk djs oDr mlgafgnk r  
nrsgrf tkdj npi; keausl dle djukusu bUku ghfcxM  
gq lekt dks lghj lrs ij yk ldrs gfvls ogh bUku  
ijelRek dhnjxlg ij dcw g A

4- exj npi; keavkdj cUhspljkarjQ 'lkj epkrs  
gj dN ejrs gj dN nlyr ds ykyp eaMw tks gfiij  
bUku lkd sfy, t+jhgsvkl eae tgc o feYyr esfeyki  
j lkj ijeRek lsek t: jren bUku lkd he nn dj d  
bUku hflknerxkj cuavls ijeRek ds lkj dk viusfny  
eaM j lkj , sbUku lkd kij Rekennxkj gfl lrxq lkfc  
thdsefkl s, sk ijeRek dkj Qr dkdyk lqdj puvls  
muds pgjs dks [lkZuwy eaeIr nfdj ogladsj gusokys  
, d tkjlnk iBku us lrxq lkfc th ds gtjw ea, d  
ryoljmu, d nlrkj , d cRlkrlj lkd lkd dlerhdimvls  
izln Hw djdsellk Bdk vls lkeustk dj xq lar ea  
cB x; A lrxq lkfc thdhutj ml iBku dhrjQ gbj  
lrxq lkfc thusml iBku dksellkrc gkij dgkuvkius  
xq Hw nhgsvki bl byldseageslkvkl jgx A bl dscln

lrxq lkfc thdk ifjokj eqrld uxj vls jkMlsgsk  
gyludljrij lkfc eaigp x; k; gkip tksij lrxq  
lkfc thdkmudsplpk Jhljtey thuscgv vknj & Rdkj  
fd; kuvls cslkj larkusl rxq lkfc thdkvknj & Rdkj  
djrsgq Hjhnluku ltk kubl dsckn lrxq xlclh jk th  
larkdk Hjh tyw ydj vklhi jk lkfc igp x, pfirk  
lrxq rx cgkj lkfc thus viuscky xlclh jk th  
dksxsysxldj I; lkj fd; kubl dsckn firk lrxq rx cgkj  
lkfc thus viusifjokj dsvklhi jk lkfc igp tksdh  
lkheavls viuscky xlclh jk thdktlu fnu eukrs  
gq Hjhnluku o ; K djokk bl Hjhnluku eanjy&jy  
lsvkdj lc larkausfllkfy; lk firk lrxq rx cgkj  
lkfc thusbl Hjhnluku esQjek kudl fnu igysckn'lg  
vlkats dh rjQ ls, d ijpse aQjek tjh fd; k x; k  
lkufd lrxq ukud no lkfc thxihdsckuh tku fu'lu  
vc fguykadhenn ughadjxuD; lk muds iSkllj lrxq  
rx cgkj lkfc thvle dstayheapDdj dWrsfQjrs  
ga vlt esvklhi jk lkfc igpdj Hjhnluku eackn'lg  
vlkats lsekrc gldj dgrkgw

>BsbU ku [lkcdhnjxlg ij dcw ughaglsgr] lk  
lc dk l'tugj gSvlk olgn , d gSD; k fgUnfl D|kD; k  
elyeku muds gh rks cuk gq lc bU ku gfcckn'lg  
vlkats dkgelj sxetvladhbu ckadsekudj fguykaij  
tcju tye clh dj nspkig, ubl Hjhnluku eal c lark  
esefBb; krdll le dhxbznluku dhlelfir dsckn lc vlbz  
ghZlarkadlscMie dslkkyaj dkizln Ndkkx; lk  
clys lkfuglyA  
l r~JhvdkyA

lrxq rx cgkj lkfc thdk  
njclj Jhvklhi jk lkfc

fy[lrkgwkt lrxq thdhxll  
>dk dsmudsneheaviuk elka  
Bl rxq thnjclj eacBp lelfkyxk]  
ny njlt l\$ cgq iehn'lk djusvk A  
njclj ead'eljhif. MlausviusnMl qk]  
nk Hjhnlruk tkye eqyadhl rk A  
lrxq thvUje; hnktgk oly  
lc ekjkl e> x, ] vls dN fQ0 dsvk lk gq A  
brusea[lyrsmuds lqk Jhxlk jk oglavk]  
Qrg cylbZxq thdksnksopu lqk A  
clys firk thD; kclr g\$clr crlb,]  
glftj gSl qk rEgk lk tku ij [lyusdlkrSkj ga  
firk thxq rx cgkj th lkq gq]  
vlkats lqk] vlsatc glfde ustye fd; kg A  
vc xtj x; kgSfj l siku  
vc fdlh/leZiq'k dksbl dsfy; smh gSdqZha  
oksdk g\$ tksfghwleZdk tkyelal scpk]  
bl MrhghZuSk dksilj yxk A  
clys xlclh jk gl dstj lk  
; ln rksdlf, Nlk lkgwexj clr cmg A  
l q rksylf, ] oksdk g\$  
tksdls dknnzlh vki lsc<dj—  
bl dls ea: g Qfd; \$ vc vki ghmBdj A  
tksdls g\$ in feyu dkpl—  
flj /j ryhxyhej hkvka  
; g lqrsqksx, xn&xn-l rxq th  
clys lkfuglyA  
l r~JhydkyA

## 1rxq rx cgkjij lkfc thdklusk cule ckn'kg vlsats

1rxq lkfc thusd'eljhif. Mlavls 1c 1xr 1s Qsykjdjdsd'eljhif. Mlavls 1c fgUhvadksdg fn; lukt dj vki vlsats ckn'kg dksfpēhfylkj ejklasknukfd 1rxq rx cgkjij lkfc thelyeku gsktkj rksqj fgUhvgs tk elyeku bl tekseplrxq xlfcuh flg thdhrkyle dk cUhsIr fglhj 1Hñr dh rkyle vki iVuk lkfc ea gfly dj pqs H A fQj H h firk 1rxq rx cgkjij thus fglhj 1Hñr vls 'H-kfo | kdhrkyle dsfy, if. M thdks vls mZQlj lkvjch dh rkyle dsfy, dlth ij egEen lkfc dsejj fd; la nhurkylepitckhdhrkylepQudkj h vls taclthdhrkyle dsfy, HhcUhlsIr djk A

cM Hj h 'kunkj nlok 1rxq xlfcuh flg th dksxq &ix nns ds fy, 1tka nj&njw dh 1c 1xr adks nlorules Hkdj cyk k x; la ml fnu vkuhiij lkfc ea Hj h plauh yxolbzxbA , d 1Hñj Åpsr[r dks [kul jw xylpslsl tklj j [kx; la ml 1Hñj r[r ij jkh lkfc k usvkl knholj dkdlrj 'kq fd; la nx eaHj hdMg izln djokdj cbzrjQ lkoku dhcf+k plsh dks ltkdj ml ij j [kx; la 1rxq xlfcuh flg mZQlj lkvj chdsvkye Qlyt psglhj 1Hñr dsf}ku rEkk itckh dscMxqjh Kluh H A xys eacbzrjQ Nnik nk arjQ /kuq&cklkNkrh ij rlij ldk cRkflj ij ujkuh dyxhuxyseadlguy gj sdh elyk vls uls[lk gkj] gj plt+muds ik fuj klyhljyt dh jkskuheapgy&igyl xq dsckt dkb/lj lsm/lj vku eg ls lghyh vlokt+ls'l frule\* olgxq dh vlokt+vkl fQj

HbZjle th tlcñ Kluh BsumUglas 1rxq xlfcuh flg th dksl rxq ukud no lkfc thdkule yslj vls ckn'kgldas 1Ppsik'kg dgdj fryd yxkla 1xrksuxjt dj 1rxq xlfcuh flg thdht; gksdsukj syxk svls csklj H Vanla , sgekjs 1rxq xlfcuh flg thdksxq xihfeyla

## 1rxq xlfcuh flg thdsminsk

vkuhiij lkfc xq &jcij eal rxq xlfcuh flg th usmlysfmu 1c 1xr adksminskfn; la ijelRekusnf; kea gj&Hj sck rEkk nj [r yxok ga vkk ek i j ljt] plk rEkk fl rkj sl tkj ga B.M elBh gok dsfnyd'k utk jads fy, gj k&Hj h ?H yxolbzgA dlm sysl gjHrd bU kula dks isk fd; kgSrk isk djrsodr 1c bU kula dks le>k k tlrkgSfd bU ku 1Pplbz elgCcr vls ule dsvk lkj 1sgh ijelRek dks ik ldrk ga ijelRek ds }kj dk jlk ck cgj noplj g\$ ft l usl Pplbz sijelRek dks; ln fd; kgksoghml jkrsdks ijk dj yxlA bruseaiškoj 1s, d eluh vkk ft l dsglk 1rxq ukud no lkfc thdsJ) kyqfl [kus, d 1ks1ks dh elgj k gjs tolgjkr 1stMgqZ, d tM1ks dscdxuladlj cgj 1sdlerhdiMgfk lk HtsE exj ml eluh us, d 1kSelgjavls dxuladlj tM viuh ixMa ea fNik yh H A cldh l c dN 1rxq lkfc th dks H dj fn; k H A 1rxq lkfc thus ml eluh lsnj; k r fd; k vls Hh dksZplt ejsl [kusvki dsglk HthgS ml eluh us>B clykuvls dgkuvls dN ughfQj 1rxq lkfc th ml eluh lsclystksbU ku >B clydj Qj c djrsqfoks gh>B&Qj c mudksuql ku igpkrsqA ; g 1qdj okseluh cMxqj seavldj iWusij ujktxhtkgj djsusyxla fQj

lrxq lkfc th us viuh NM~~h~~ ls ml dh ixM~~h~~ dls mrkj  
 fn; ~~h~~ ixM~~h~~ eal s, d l~~sl~~ l~~sdhelgj~~ av~~s~~ l~~sd~~ d~~zuladha~~  
 t~~M~~ fudydj clgj vx~~bA~~ fQj ; g ut~~j~~ kn~~sklj~~ okel lh  
 cg~~p~~ ?ckjk kv~~s~~ viuhxyrh dh elQh el~~usyxk~~ lrxq  
 lkfc thcg~~p~~ n; kyq~~hA~~ m~~glas~~ sm~~l~~ selQ dj fn; kexj xq  
 l~~ar~~ d~~stc~~ bl c~~r~~ dkirkyxt~~l~~ cg~~p~~ l~~sfl~~ D~~llasml~~  
 fnu lsel lh~~adls~~ vPNku le>~~h~~

### **lrxq xlfcUh flg thdklkh npu; kdsule isle**

m~~y~~ s fnu lrxq xlfcUh flg th us l~~jh~~ n~~pu~~; k ds  
 ule isle fn; ~~h~~ lcls cm~~okgn~~ lPpk ije~~Rek~~ g~~A~~ eqs  
 m~~glas~~ ej~~'ln~~ dley dh g~~fl~~; r l~~snpu~~; keafQj ls, dr~~k~~  
 veu~~l~~ b~~alQ~~ dsfy, v~~s~~ t~~kbU~~ tu tcju t~~ye~~ v~~s~~ Qj~~ch~~  
 p~~ylal~~ sf~~dl~~ h~~setgc~~ d~~ksuql~~ lu ig~~plrs~~ g~~m~~ ganclusds  
 fy, , d u; k i~~k~~ pykusdsfy, c~~lk~~ k~~gSD~~; l~~fd~~ ije~~Rek~~ ds  
 isEcj t~~l~~ c~~ln~~'lk vnc b~~U~~ l~~Q~~ u dj~~s~~ ml dk l~~lk~~ ughans  
 g~~A~~, d fnu v~~rk~~ g~~Stc~~ b~~U~~ l~~Q~~ u djusolyk c~~ln~~'lk viuk  
 lc d~~N~~ [l~~scBr~~ kg~~A~~ fQj ols~~ln~~'lk viusej~~'ln~~ dley ds  
 v~~lks~~ flj >qldj dgrk g~~ne~~ x~~q~~ lx~~l~~ g~~veq~~ sc[ 'kn~~lsv~~  
 fgnk r n~~l~~ s~~ntg~~ g~~k~~ dse~~lyhi~~ je~~Rek~~ l PpsbU k~~l~~ adhghc~~k~~  
 l~~qrs~~ g~~A~~ tc mudsef~~hj~~ ij b~~U~~ k~~l~~ adh i~~q~~ dh l qol~~bZ~~  
 g~~kh~~ g~~Sr~~ k ije~~Rek~~ ds H~~Mj~~ [ly t~~l~~ rsg~~A~~ lc b~~U~~ k~~l~~ adk  
 Hy~~g~~ st~~lk~~ g~~A~~ y~~k~~ vnc b~~U~~ l~~Q~~ l~~sp~~ yrsg~~a~~ v~~k~~ l ea  
 fey&t~~y~~ dj jgrsg~~A~~

### **H~~ll~~ku 'lk dk v~~ku~~ lhij lkfc**

#### **xq & njclj eavuk**

ml fnu JhH~~ll~~ku 'lk y~~lg~~ l~~sp~~ yd~~j~~ Jhv~~ku~~ lhij  
 lkfc xq & njclj eav~~k~~ k~~ll~~ ml usl rxq xlfcUh j~~k~~ thds  
 eg ls ije~~Rek~~ el~~j~~ Qr ds: g~~lh~~ 'kh l~~qsv~~ muds l~~lhj~~  
 pgj s~~dl~~ s~~n~~ l~~kdj~~ el~~rkx~~ t~~jh~~ th l~~smuds~~ f~~j~~ 'rsdsfy, c~~ly~~ A  
 'kh dh c~~r~~ y~~lg~~ dsg~~j~~ tl j~~k~~ ey dhyM~~h~~ clch th~~rs~~  
 th l~~sg~~ sh bdj~~j~~ ikA vc H~~ll~~ku 'lk [krjh plgrk lk  
 fd cljkr 'kh dh y~~lg~~ eav~~k~~ A bl c~~r~~ d~~ls~~ l~~rxq~~ rx  
 cg~~hj~~ lkfc thu el~~u~~ v~~U~~ eaHe~~ll~~ku 'lk d~~ls~~ d~~N~~ clra  
 l~~e~~>k~~dj~~ c~~ly~~ v~~li~~ y~~lg~~ tk dj H~~bZ~~ gj~~tl~~ j~~k~~ ey dk  
 lc l~~le~~ lu y~~sv~~ v~~U~~ ge v~~ku~~ lhij lkfc dsut~~hd~~, d xl~~u~~  
 u; ky~~lg~~ dsule l~~scl~~ kn~~rs~~ g~~A~~ vc ; g isle l~~rxq~~ lkfc  
 th dk H~~ll~~ku 'lk [krjh d~~ls~~ fey x; ~~h~~ ols y~~lg~~ ig~~pdj~~  
 H~~bZ~~ gj~~tl~~ j~~k~~ ey thdkl c ?j d~~kl~~ le~~lu~~ y~~sdj~~ v~~ku~~ lhij  
 lkfc ig~~p~~ x; ~~h~~ l~~rxq~~ rx cg~~hj~~ lkfc th us fQj  
 v~~ku~~ lhij lkfc th ds j~~le~~ lu viuhel~~gj~~ dh fixlg Myh  
 v~~s~~ og~~k~~ ij xl~~p~~ u; ky~~lg~~ dsule l~~sv~~ v~~ku~~ lhij lkfc ls  
 lk ely dhnyhij v~~l~~ c~~ln~~ g~~lx~~; ~~h~~ l~~rxq~~ lkfc thusog~~k~~  
 ij g~~j~~ tl j~~k~~ ey d~~l~~ v~~l~~ c~~ln~~ djok k~~v~~ 'kh dh r~~lk~~ lk~~10~~  
 T; SB l Eor~1730 fo~~0~~ eh, dj~~k~~ il~~bA~~ fQj 'kh dh cljkr  
 c~~M~~ 'ku d~~sl~~ lk v~~ku~~ lhij lkfc l~~sx~~ l~~p~~ u; v~~l~~ c~~ln~~ y~~lg~~  
 ig~~p~~ xb~~A~~ vr% 'kh H~~bZ~~ gj~~tl~~ j~~k~~ ey th dh l~~q~~ dh clch  
 th~~lk~~ th l~~s~~ 15 T; SB 1730 fo~~0~~ eh ds j~~t+g~~ bl r~~jg~~ H~~bZ~~  
 gj~~tl~~ j~~k~~ ey thusil~~p~~ fnu rd cljkr oky~~l~~ d~~ks~~ viusik  
 Bgj~~k~~ k~~v~~ l~~c~~ dh l~~sk~~ d~~h~~, d fnu H~~bZ~~ gj~~tl~~ j~~k~~ ey  
 thusl~~rxq~~ xlfcUh flg th d~~ls~~ l~~c~~ d~~sl~~ le~~us~~ c~~ly~~ 'kh ds  
 usl dle dsfy, x~~ak~~ teqk v~~s~~ l~~j~~ lorh unh ds i~~ku~~ dh  
 nj dl~~j~~ g~~A~~ l~~rxq~~ xlfcUh flg thusbl c~~r~~ d~~ki~~ yhdjusds

fy, ~~ELM~~ QHysij vius/lk~~l~~&ckk dlsmBkj t~~l~~ ls  
 rhu rlj elj~~s~~ ftllsogkij x~~a~~k teqkv~~s~~ ljhlorhunhd~~k~~  
 ikuh~~ELM~~ QHysij cgusyxkv~~s~~ rhlaufn; l~~ad~~k ifo=k  
 ty u; kvlkn ylg~~s~~ eavkx; A f~~Q~~j gjt~~l~~ jk ey thus  
 lrxq lk~~g~~c thds~~gt~~jy eavjt dhfd le~~q~~zdk ikuhfey  
 tk rksu; kvlkn ylg~~s~~ dsjgusolysy~~k~~adh [lk~~k~~ k~~v~~  
 c<+tk~~h~~ ftllsvPNk 'k~~q~~ g~~l~~st~~k~~A bl dle dks~~l~~jv~~t~~le  
 nsdsfy, lrxq lk~~g~~c thusvius? M~~d~~hrjQ utj dlA  
 ? M~~u~~sel~~s~~kn~~l~~kdj vius lEe dks~~l~~ t~~l~~ ls~~i~~ ij elj~~A~~  
 oglals le~~q~~zdk [lk~~k~~ ikuh cguk 'k~~q~~ g~~l~~s x; A ml i~~R~~  
 ij vkt lrxq xlfcUh fl g thds? M~~d~~slEe dkfu'ku g~~s~~  
 v~~s~~ ogk l~~s~~ le~~q~~zdk [lk~~k~~ ikuh cgrk g~~S~~v~~s~~ ml I~~R~~ku ij  
 lrxq xlfcUh fl g thdh; ln e~~a~~x~~e~~ ljk lEe lk~~g~~c dsule  
 lsrfej g~~A~~ f~~Q~~j gjt~~l~~ jk ey thusbl rjg dsdls~~q~~  
 n~~l~~kdj c~~j~~kr o~~l~~y~~l~~adls H~~j~~hngt nsj [lk~~h~~ds l~~R~~kyfonk  
 fd; k~~v~~~~s~~ c~~j~~kr [lk~~h~~l st'u eukrhgbZv~~s~~ xjcklhds'k~~n~~  
 xlrsqg l~~c~~ fl D[kv~~l~~hi] j lk~~g~~c ig~~p~~ x, A vki dherkth  
 us ikuh o~~j~~ dj fi; k~~v~~~~s~~ dlQhnu xjlc&xjck dlsrdl le  
 fd; A f~~Q~~j vkuhi j lk~~g~~c eany&ny lslxrapydj v~~b~~  
 H~~j~~h nloku l~~t~~k k x; k v~~s~~ [lk~~k~~ l~~ad~~s t'u euk x, A  
 H~~j~~h l~~ar~~ausfirkl rxq rx cgknj lk~~g~~c thdls'k~~h~~dh  
 eq~~j~~dcn n~~l~~ bl rjg lrxq xlfcUh fl g th dh igyh  
 'k~~h~~gh~~g~~A

### plj 'lj

cln'l~~g~~ r~~s~~jv 'l~~g~~ dgrsg~~s~~; g D; kgSjc  
 Hyk vlius [lk~~k~~ D; l~~h~~ ml clhsdkyc  
 v~~k~~[lk~~j~~ olsfpM~~l~~ackt r~~M~~j viuk dfj 'ek  
 fn[l~~r~~k g~~A~~

ve'r dhnl~~s~~/lk~~j~~ fiyldj /leZdlscpkys~~k~~g~~A~~  
 M v~~s~~ [lk~~s~~ lsr~~s~~jv dhQ~~s~~ ylg~~s~~ H~~k~~ tkrhg~~A~~  
 rc gfjeft~~h~~j lk~~g~~c igpdj ckknli fl g  
 l~~c~~ l~~x~~r dlsxq Qrg cylrk~~g~~A  
 ;g i~~s~~le xq dkn~~l~~j n~~f~~u; k l s#[lk~~r~~ g~~s~~k g~~s~~  
 gedqM l~~g~~c eadyxholysdkIdw yxkg~~s~~k g~~s~~  
 i<usoly~~l~~adsfl j ij l~~h~~ u~~g~~lag~~s~~k g~~A~~  
 i~~w~~kxqule us, d ykk l~~s~~/M~~l~~stok fey~~k~~  
 tg~~k~~l~~h~~ dscx~~S~~udl~~b~~Zef~~q~~dy gy u~~g~~lag~~s~~h~~g~~A  
 i~~k~~ldlrku eajg x, xq I~~R~~ku ij l~~o~~k d~~j~~us okys v~~k~~  
 g~~q~~ jc dsH~~D~~rl~~h~~dk i~~s~~leA  
 H~~j~~hnh~~h~~ku v~~s~~ i~~s~~le vty~~k~~ djok tk~~A~~

1- n~~f~~u; k eal lk~~g~~c dgyokus okys etgc o feYyr  
 bU ku vo~~l~~e d~~s~~l leusvk; v~~s~~ n~~l~~slQj~~h~~ f~~g~~lh~~w~~l D[kv~~s~~  
 elyeku dsnjfe; ku t~~l~~1947 e~~a~~>xM~~Q~~l~~h~~kr g~~q~~ g~~m~~uds  
 cljseaviusfoplj i~~s~~kdj~~A~~

2- c~~q~~Zdgyokus okys usl v~~s~~ lPps bU ku etgc  
 o feYyr tyls djok; v~~s~~ vo~~l~~e dh lPpl&l Pph clra  
 l~~q~~k~~A~~

3- lk~~g~~c dgyokusokysbU ku t~~l~~kezo b~~z~~ku dsit~~q~~h  
 g~~h~~etgc o feYyr f~~g~~lh~~w~~l D[kv~~s~~ elyeku dsnjfe; ku  
 lPpl~~b~~Zl svldj 1947 dsQ1~~h~~kr dkQ~~S~~ykdjok~~A~~

4 v~~s~~ tehu ij jgusokysl c bU kuadls H~~b~~plj k  
 v~~s~~ veu lsjgusdk [l~~l~~bZg~~q~~e g~~A~~

n~~f~~u; k dlspylusokysjc i~~j~~c~~z~~ iješoj g~~s~~ m~~l~~glas  
 gh n~~f~~u; k oly~~l~~adls i~~s~~le nsdsfy, dgk g~~s~~tk dj xqule  
 n~~f~~u; keafgl~~h~~ladls~~q~~jkjle dgukv~~s~~ elyeku H~~b~~; l~~h~~  
 d~~l~~stkdj ejklyle cly n~~l~~kuv~~s~~ xq l~~x~~r eatkdj xq  
 Qrg cylku~~l~~olfgxq thdk [lk~~k~~ k~~l~~fgxq th dh QrgA  
 16

## nl ešk fir kdk išle

, d fir k, d dsl c clydA

- 1- vleku ij pln o flrlj spedrsgA olsbZoj dkuyv gA
- 2- tehu ij dlMl sydj glh rd bZoj usifk fd, gA  
muesahbZoj dkuyv gA xyrhdjrsgA bZoj mlgaelQ  
dj nrsgA exj xyrhdh l tkHhdHhnrsgA
- 3- bZoj dsolw lPpbZds gsvlS bZoj dks elius olys  
'lkU] vPNs foplj olys vls etgc o feYyr jgdj  
bZoj ij Hjlkj [kusokysgA muesabZoj dkule lek k  
gA okcMn; kyqvlS jgefny jgdj bZoj dsxqkj [krsgA  
bZoj dh'ku eadlk afy [kdj iškdjrsvlS l c bU kula  
dkHykplgrsgA
- 4- vlt nfp; keapljlarjQ gkgldlj ep xbZgA nlyr us  
uQlkuh [olig'kr u\$ >Bo Qjs usvalik dj j [kgA  
nfp; kdsylkS vUjseajgusokyh l PphckradjA [lq  
bZoj & lqker cula

## , d vklkj

- , d bZoj dks; ln djksokgs nfp; kdkclyhgs [lky lk  
gA djrlj HhgA vPNsbU ku vkl l esyMugladjr\$ bZoj  
dks; ln djusvlS l p clyusokylea: gluhrldr gA ols; gh  
dgrsgA fglnsl [l&elyelu&bZlbzl c vkl l esyHbZbZgA  
xq dhQrg  
olgxq thdk [lky lk  
olgxq thdhQrg  
clysllsfugly] l r~JhvdlyA

## dyxholysn'le ikr'lg dh; ln ea

- 1- xq lkfc thdk išle l c lxr dks lqksv kkgw  
l c lxr dks [lky lk išk dkt l e fu eqkj d gks
- 2- tksHyk dj sml dk Hyk gkA  
cjk dj usokyl viusxqlgladhl tk ik xk  
3- fglnwgk; keqye velj gks; kxjlcA  
uQjrladksNMhj] cukt l cdsgclc ||  
rjfeljsij , d itkchuTeu  
pla nh lsh tbZrIohj vUhjA  
cBsutj vkmhsxlfcUh I; kjs t gku mka  
'lghmholjk nsrlj sped jgs lA  
gfj ule nkdlrzi dj nsvk elku mka  
cBsutj vk xlfcUh I; kjs  
pla nh lsh tbZrIohj vUhjA  
dyxholysn'le ikr'lg nkfuH vlok xts  
l kjs t gku mka  
clysllsfugly l r~JhvdlyA  
nfp; kdsylkS , d bZoj & d [lqk dks eluA  
fQj Hhi klmhxq cuscBstx mka  
nlskuh p<scBsuudk lk lfcg] itk lkfc  
Mjklkfc mka  
pla nh lsh tbZrIohj vUhj esyutj vkA  
xlfcUh I; kjs t gku mka x; kejk [; ky mka  
l jyt okjksx; k pla okjksv kA  
n'li ik u lkk l ar ns, hA  
vksdksk k l elf/k ylbZgbZ, A  
olgxq ule nh dyxholysusl p [M fo [A  
ojsnjclj vks  
xakunhokspysmIgks l p [kM fo [A  
iki lanhxk ejh lQ gks h vka  
xakunh jksjghgSik lauky vksAA

lrxq thlolk xakunhfop Blvdj QM/kyll mla  
 ijkglaxkvlkn xequle nkjksku [; ky tgku mla  
 lrxq lkgc thvldxtzxsuH nkujktgku mla  
     clys1ksfugly lr~JhvdkyA  
**nl ešk dyxhokysnk išle**  
**rjsfeljsij itkhuTe**

- 1- fl glaustkula/lje ybz?ky; kua  
     fkmfiUMtKhhlal c Vky; kua  
     fl [kbfrgk ns-i-ks[ky nks  
     1Q&l Qsuw; ku uky [ky nks  
     ykbulybu nscky uwry oks  
     vD[kj & vD[kj nsfop , scfy; kus  
     lkt xkt dsfl g olgxq thdsjtjA  
     vjnkl dj§ rx E; kuhljdaA  
     fkmfiUMtKhhlal c Vky; kua  
     lkmolj ustluk/lje ybz?ky; kua
- 2- ulsaxq Jhxq rx cgknj lkgc th  
     nkllHxt , BAA  
     vkuaigholykyd; kcdkdnlaWys  
     lHxt rsjdlcxtnhnlokj clys  
     isy lokj nhgj , d drkj clys  
     vloktxq lkgc 'lgmhngj njlj clys  
     ; ln djksfl glatn lrxq usyydkj ; k1h  
     plyh eDr; la/lje lokj ; k1h  
     vl la[lkhhlal hisfop xlky; kaus  
     vl latlkyelafn; ladalarlmj kua  
     vl la>Bsnkranh laegfQylarlmj laus  
     tkdsiyl yks'lgm HbZerhnl dlyA  
     'lgm clcknh fl g dlyA  
     'lgm HbZn; kyk dlyA  
     vls tkdsiyl yks' tliki dlyA

uggarsiyl yks' vlt BxquleP nh dye dlyA  
 efaolj knhgj dqkzhnhlksA  
 jloh>gye fpulo nsikahnhlksA  
 fl g vjnkl djal rxq thdsjtjvrx E; kuls1jdaA  
 fkmfiUMtKhhlal c Vky; kua  
 fl glaustkuk/lje ybz?ky; kua

**lrxq xlfcUh fl g thdsfl [kdkc; ku**  
 1947 eafgUhirku dstksnsVqMgq B§ njvly ea  
 ;g vltkhdsfy, fd; kx; k BAA exj dN yk 1Ppsjc  
 bZoj ½dlsughakekursBsmUglasbu nksfgll hadsetgchjx  
 nsfn; kEkvls dgkEku, d fgll ksgUhyladkgfny kfgll k  
 elyekuladkgA  
     bl otg ls 1947 eadRy&vlsxjir dk cktlj xeZ  
     gykEkkvly bl tlkka, d&nly sds [kw lsglyh [kyhxbZ  
     BAA vc fgUhirku eal slyj gdwr dk e gA  
     cny nks1c xylehdsrjldA  
     tjklHkseggcr dslyldAA

1 Ppsjc bZoj ½us1c /keZ!etgc ½cuk gA fdl h  
 dlsfgUhwcuk g§ fdl h dls fl Dlk cuk k gSvls fdl h dls  
 elyeku cuk k gA vPNs bU ku tks/lezo etgc dsjllrs  
 ij pyrsgfoks1 cdk Hyk plgrsgavls , d nskdsetgc  
 dsule lsgq nksVqMadsil lh ughadjrsgA  
     vls plgrsgatksfdlh etgc dsIku gavls fdl h  
     mlj snskespssx, gfmudhnsHky oghetgc okysvkdj  
     djA vlt HbZgjpj.kfl g xequle lrxq lkgc thdsjtjv  
     eaglktrMj vjnkl djrkgsfd ikfdrirku eatksxevlads  
     Iku jg x, gfmudhnsHky vls 1Eky viusfl [k&i Urk  
     dlscl'ka

lar dknkl Jhlrxq ukud no lkgc thdsIku  
 dk1sd cUlkp HbZgjpj.kfl g xequle

## fixyolM l Hk dhvlj; lsf; st k dk Z—

fixyolM l Hk lekt dhvlj lsn̄kdlj@frjldlj  
via] yw&yxM vilgth vulHvls ylolk l adk?j gA  
bl l Hkdhuh egku-deZkhkr iwZflg thusl u-1947  
eaj [khEA ml le; Hkr thdsik ejltkdhlskl Hky  
dsfy,] u dlbZl oklj Hk u jgusdsfy, lghbelj r vls  
u gh [kusi huvHok noll; kadsfy, fdlhizlj dhvklld  
Q oHk gh Rh A Hkr thvdysgh l sk ds bl dfbu ekz  
ij py iMhsyfdu yk feyrsx, vls dljoç curkx; A  
muds in fpUglaij ghpyrsgq vlt mudh l qk Mljk &  
f/kdlj hMk bUhzhr dlj thdhegur] yxu vls fn'lkfunz  
eafixyolM l Hk Hj r eaghuglacfYd fonshneahh, d  
xksioiwZl Hk ds: i ealkeusmHj dj vlbZgA

## fixyolM, d utj

## fuokl vls 1Hky

1717 lsvf/kd fuokl ; kadsfy, jgusdkirUkrHk cplz  
dsfy, ^viuk?j\*A

bykt vls lfp/kk 28noll; k eMly yclj Vj l vWkku flk Vj]  
Hkr iwZflg ijffHk dku l qbztlp dHvls iqolZ dHhA  
dkula ds Cochlear Implant ds fy, LiSky vWkku  
flk Vj], H; yarEkkVekos] nhradkDylfud] vYVn kmM  
dHh elh cpl cPplads fy, lash dHh iqolZ dHh  
vHkadh tlp dk dHh culovhva dHh fQft; Hs Sh dHh  
viuk?j rHk; H; yM&yMd; kdh'kfn; laA  
okloj. k 1 ulZh<sup>1</sup> o{kyxkuk<sup>1</sup> ikldfrd [ksh<sup>1</sup> tk: drk  
efge<sup>1</sup> ikuh'k dj.klyVA

tk: drk • fixx i • ylbcjh • 'ZhawewXhja' • JS  
"eWZPa\_7

## [ gh' aqZ bg' aqfil

- arhi \_pW alab#b#Pzns[ aWaz; obSl [ kb` 7
- Hkr iwZflg xw&cgjs cPpla dk Idy] ekulakyk dEiyDl]  
verljA
- Hkr iwZflg Idy vW LiSky , tušku] ekulakyk dEiyDl]  
verljA
- Hkr iwZflg flylbZdHh ekulakyk dEiyDl verljA
- Hkr iwZflg vln'Zldw cWjdyk 1/dkn; k2xjnlj ij A
- Hkr iwZflg Idy vW LiSky , tušku] p.Mk<A

## fuokl vls 1Hky

fixyolM l Hk dh 7 vyx&vyx	chaea1717 lsvf/kd
ffHui&ffHui clekj; la ls xlr jlx; la ds jgus dk dQy irUk gA	
ekulakyk d jkh	μ 426 , M olys
v/ljx ilfy; koky	μ 140 fexlZolys
eH&cq olys	μ 347 dIj olys
xw&cgjs	μ 146 "am'eo"
o) 1cpkZ	μ 123 Idy tlusolyscPps
t[eholys	μ 45 NMx; scPps
Vh ch olys	μ 19 Bl d gspqsjkh
usghu	μ 31 dy ejlt+μ <sup>1</sup> 717

## "aqW

## jkh

[g' "aqil [kb` -Yfaea	OB[ ahi [ ]hYZa eaOB
HbZl; jk flg olMz	μ 344
ekulakyk dEiyDl	μ 805
_W"ecF "aqi	CE' -,
mW" "aqi	CE' &
tlyaj 'Hk	μ 40
bW" "aqi	CE(*)
_oba'a "aqi fWZ	CE' &

dy ejlt+μ<sup>1</sup>717

<sup>1</sup> jlx; kdh fxurh ifro"Zc<rh jgrh gA Bl d gspqsjkh dlQh  
fxurheamuds?j ladlsHt fn, tksrgA

## bylt vls lfp/k%

- 1d½ fMiSljh vls ysljVjh dh lfp/k% & jlx; lads bylt ds fy, fiayolMk ea eMly ysljVjh vls fMiSljh dh lfp/k aiHr gftudk [lpZ1 djM 20 ylk#i; sofk gA
- 1k½ vWl kmMdHsfiayolMaeajltlrlk lsnkj lads jkldhtlp dsfy, lu~2009 esvWl kmMdHs dh Hkuk dh xbZgA
- 1k½ lgk d IMQ& ekufld jlx; la vls ejltla dh nsl&Hk ds fy, VDuldy IMQ t\$ sul ysljVjh VDulf k u rEkkQJelk LV dh lsk aiHr gA
- 1k½ [ku&nku dEi%& nqzukkr tfle; la dh lgk rk ds fy, rEkk lEkk ds ejltla ds [kw dh deh dls ijk djusdsfy, ifr o"Zkr thdhcj1hdsvolj ij [ku&nku dEi yxk k tlrkgA
- 1k½ , E; yslj & iHfed MDVjh lfp/kla ds lEkk yslj , E; yslj ?Mvr 1M nqzukvladsilMfodhl gk rkds fy, gešlkmiyCkjgrhgA lEkkdh, E; yslj lfx; la dls vlink ystlusdh lfp/k anshgA
- 1p½ culoVhvxa dHs t: jrelh vaghuladsfy, Hkr iwZflg th dh ; ln dls lefiZ , d Nfle vx dHs ekulakykdEiyDl eaEfir fd; kx; kgs tglavaghula dls dfle vx efr yxk tkrsgA uoEcj 2003 ls vc rd 6752 vaghuladlsNfle vx yxk x, gA
- 1M½ Hkr iwZflg iHfHd cgjliu tlp dHs uotkr vls xscgj scPpladsdkuladkiHd cgjliu tlp Dylfid dHs ekulakykdEiyDl eaEfir fd; kx; kgs ftlesBera Test HhfcukfdlhQH dsfd; ktlrkga

- 1t½ LiSky vWlku flk yj% ekulakykdEiyDl ea, d vfr vklfid vWlku flk yj Iffir fd; kx; kgs ftleagfi; h tujy , oadkuladhltzh dk lefpr izUkgA
- 1k½ nklakDylfid%ejltladsnklahh Eky vls bylt ds fy, nklakDylfid HhIffir fd; kx; kgs
- 1k½ fQftvHsShdHs & lu~2005 lsekulakykdEiyDl ea fQftvHsSh dHs Iffir fd; kx; kgs ftleavklfid midj. kals fiayolMds ejlt+vlx xjlc t: jrelh efr ylkysjgsgA iR sl fnu rdjlcu 80 ejltlakd bylt fd; ktlrkga
- 1M½ Hkr thdh22ohcj1hij 2 vxIr 2014 dks'jks dslj lEkk vls fiayolMk lEkk dh vls ls efr psivi vls eMly dEi ekulakykdEiyDl ea yxk kx; la i; kjk. k tlk: drk%
- 1d½ o"ljkli.k mRo%Hkr iwZflg th i; kjk. k ds lEky ds fy, cgj fpflrr jgrs blfy, ] /jk rh dsek Hk cuusl svls Hfe dVlo lscpusdsfy, fiayolMk lEkk dh vls ls i; kjk. k ldkj dh vls Hh fo'lk /; ku fn; k tk jgk gA iR sl o"Zl Ekk ds lsnkj lads}jk Hkr iwZflg thdhcj1hij o{k yxkusdhefge pylbztkrhgA ; g o{kIdyH dlytla 'e'ku ?Mavls turd Ikkulaj Hhyxk tkrsgA bl dsvfrfjDr fiayolMdhvls lsiR sl o"Zviuh uljheavyx&vyx fdleadsyxHk 60 gtj iks r\$kj dj dsvyx&vyx lEkkladsefr fn; stkrsgA

## **kfagZ "aqZ bg%W**

xjl cPpladksf kkr djusdsfy, fixyolM lHk usHkr iwZflg th dh ; ln dls lefir fHku&fHku iB'lyk apylbzghZgA

**1d1/2 Hkr iwZflg vln'Zl h 1S Idw] ekulaky&**  
; gkxjl vls >Xl&>li Mokys692 cPpladksf kR  
IVskujl Idw dhonlZvln efr nh tkhgSA 1Hk  
dh; g lqan; lkp gSfd ; scPpsLo; adksghu u le>a  
vls viusijskij [Mgkj 1H lekt ea, d vPNk  
ukfjd cudj sopj.kdj ldaA bu cPphaea130  
cPpsfixyolM }lj kikfkr gSA

**G.** ~~ah~~ \_SPbW alaPEZos YnfZoaWZadla<sup>v</sup>  
xjnl ij& g Idw Hh Hkr th dh ; ln dls lefir  
gA ; gkij Hh; k rEkvuHohv/; kldsdhN=kNk k  
eayxHk 360 cPpsefr fo | k iHr dj jgsgA

**1k1/2 LiSky f kR& fixyolM ds187 eH&cqj cPpladks**  
viusila ij [Mk djusfgr ekulakyk dEiyDl ea  
Hkr iwZflg Idw vW LiSky ,tuški\* dh  
IRkiuk dh xbZgSA

**1H1/2 xw&cgj scPpladksf kR&Hkr iwZflg xw&cgj scPpla**  
dkIdw ekulakyk dEiyDl esebZ2005 l spy jgkgS  
ft leal50 cPpsvkfjd midj. kads}lj kf kkiHr  
dj jgsgSA

**1q1/2 nIrdljh f kR& cPpla ds 1qgjs Hfo"; ds fy,**  
mudh i<lbZds lH&Hk nIrdljh f klk tSsfl ylbz  
d<lbz elecUhcukul dlbZcqukvln dhf klk ; k  
v/; kida}lj k nh tk jgh gA bl ds vfrfj Dr cPpla  
dlsahr f klk HhnhZk jghgSA

**1p1/2 Hkr iwZflg flylbZifkk dH& fixyolM**  
dh vls ls fixyolM dh yMd; kvlj ekulakyk ds  
vll&ll dsxlakdh xjl yMd; ladsfy, flylbz  
d<lbZdhfl [lylbZnusgrqbl dHszdhIRkiuk dhxbZ  
gSA ; g fl [lylbZ6 eghisdsfy, gkhgA

**1N1/2 dH; Wj f kR&l puk, oadulyHhdsfIrj dksks**  
gq Idw dscPpladksvklfjd lekt dkva cokusds  
fy, lHkdhvli lsdEl; Wj f ktkdkfo'kskirUkfd; k  
x; kgA

**1t1/2 glVY dk izU& fixyolM ekulakyk dEiyDl**  
ea i<us olys yxHk 185 yM&yMd; la ds fy,  
iHd&iHd glVY dkiUkfd; kx; kgA fixyolM  
Z^bW ..QaZi]Ro [W ..]W .oZlaA  
fHku&fHku iB'lykheaf kkiHr dj jghgA

**1q1/2 foolg& f klk ds lH&Hk fixyolM eaikfkr gqz**  
uo; qfr; kdlsl qly vls ; k oj <wdj mlgaxgIRk  
thou eaMy fn; ktlrkga 1Hk 36 yMd; kvlj 4  
yMlladksxglk thou dk vklk nspqhgA

## **lekt&dy; kk1EcUhdk Z**

fixyolM lHk lekt&Hylbz rHk lqj dk kZ ea  
Hhfo'ks#fp yshgA

**1d1/2 tu&tkfr&l lekt d cjl; kdsfr ykldstck: d**  
djusdsfy, fixyolM lHkdk [k ; knku jgkgA  
fixyolM ekulakyk dEiyDl dh "iwZfiWx if\*  
eagj rjg ds/kfd] 1lekt d] vklfd] 1Hkplj d  
, oalokF, & EcUhd tu&pruk fo"k kaij 1kgR Nki  
dj tu&kkj.k eadbzo" Hk lsefr clW jghgA  
fixyolM dh iwZfiWx if\* dk vls ifsyfl Vh dk

1 lyuk [lpZl djM450 ykk #i;s gA  
 1½ iñfrd vlinkvls iñf ykla dh lgk rk&  
 iñfrd t\$scck} HwEi rEkp0ok~lsizfor ykla  
 dhfiayolM lEkle; & e; ij gj 1Elo 1gk rk  
 dj rhvkj ghgSA 1u~2008 estylbZEkvxIr esatk  
 dstlyak rEkdijyHkftyleavlbZck+lsizfor  
 800 ifjoljkesjklkj?jywluku vls dEcy clwsx; A  
 vxIr 2010 eackry QVusl syg esavlbZEkckck+ls  
 izfor yg iñf ea fiayolM dh vls ls MW  
 blhtlr dlS dhvxqlbZesnksVd jlgr 1lexhujkk  
 dEcy , oaÅuh diMyg , oabl dsnj&ny byldla  
 eackwsx, A

1½ ykla j ykla dk nlg& ldk% & fiayolM dhrjQ  
 ls ykla j ykla dk vslre ldk ijysl Rdk l fgr  
 fd; k tlrkgA

1½ o) ldkhn% & fiayolM dhl x: j 'lkkead  
 o) &j elpZ2002 l spy jgk gSvlS , d o) ?j  
 ekulakyk dEiyDl eacuk k x; k gS ft lea92 o)  
 j [kusdkfo'lk irUkfd; kx; kgA

### vtk c ?j rEknlrlochfQYe

dBu ekZdk ifld Hkr iwZflg thdh thouh ij  
 vkkj rIolj ldk , d l ag vtk c ?j ds : i eaeq;  
 fiayolM ve'l j esEkfir fd; kx; kgA bl dsbylokHkr th  
 dsthou 1EcUh iEld&iEld c} tlo; h}j knlrlochfQYe  
 r\$kj djolbZxbZgA t\$sfld%

d½, d felky (Pingalwara Presentation)

[k½bgqtUe rEgj sy\$ka

x½Pingalwara Home for Homeless

?kif) vejhlelfMk'k'l;r xjehr lkhdhQYe—  
 Pingalwara—A selfless Home ?

M½- tlxuzflg dylhvls tlolj flg galy dhvli  
 lsufur fQYe A Selfless life.

p½Pingalwara Educational endeavours

N½Natural Farming

t½ikhdhlel;k >½o{k

Hkr iwZflg ds ldk; thou ij vkkj r , d  
 itkh Qhpj fQYe &bgqtUe rEgj sy\$ka fiayolM }jik  
 fufer dh xbTls 30 tuo jh 2015 dlsnslfonsk eainfkr  
 gba bl fQYe ds fuelZk dk mís; Hkr th }jik nph  
 ekorkdsfy, fd; sx, dk l s voxr djlukEkrld Hkr  
 thdk thou geljsckn vlusokyhilk+hdsfy, , d izkk  
 IrEhkcu l dA

Hkr iwZflg lejd%Hkr iwZflg thdstle lEku xl  
 jkoly jlg. lkftykyfk lukea Hkr iwZflg lejd\* cuk k  
 x; kgStls4 tw] 2004 dseulbZxbZmudhigghtle 'krlnh  
 dlslefir gA  
 xlskyk& ekulakyk dEiyDl ea, d xlskyk gSft lea180  
 ndk i 'lqgA xk ldk rktknkejlthdlsfn; k tlrkgA  
fuelZkku ;ltuk a

o"Z 2013 ea ekulakyk dEiyDl ea , d vkkj pd  
 Lišky , tqšku cPpldkIdw fuelZkku gA bl dsvfrfj Dr  
 iMjh 'lk ea ejltl ds fy, u; k Cykd fuelZkku gA  
 fiayolM lEbk dk jkuk [lpZlks N%ykk #i;s  
 gA thfd nkhl Ttuladslg; k vls Hkr iwZflg thds  
 }jiknhxbZij.lk dsvuqkj gskgA

olgxq thdk [kylkAA olgxq th dh Qrg AA  
 Mwbutlr dlsA  
 izku]

vky bf.Mk fiayolM pSIVcy lk k Vh ½ft-½verlja